

## Mission Statement...

*The Mission of the Isabella County Commission on Aging is to promote the health, independence and fulfillment of older adults through the coordination and provision of diverse services and opportunities.*

The Commission on Aging is a leading multi-service agency that provides a community focal point for the needs of our Older Adult population. It is the belief of our agency that given the high quality of programs and services offered, we are better able to answer the needs of older adults in a dignified and cost effective manner.

Our programs focus on assisting individuals who are sixty (60) years of age and older and live within our geographical service area. Income eligibility is a factor in some of the programs we provide and will be discussed when inquiries are made concerning service needs. A few of the Commission on Aging programs, such as the Senior Center Travel Program, are based on a fee per service. Most of the services of the Commission on Aging are provided on a donation basis. Services are never denied due to an inability to donate.

## Funding Sources...

One of the primary components in our funding is the donations we receive from our clients and their families. It would be greatly appreciated if you would remember the Isabella County Commission on Aging programs and services with your gifts and memorials.

Your support is necessary for us to continue our programs and services and to meet the ever growing needs of older citizens.

Further information regarding contributions to our COA Endowed Fund can be obtained through the Commission on Aging or at the Mt. Pleasant Area Community Foundation.

The Isabella County Commission on Aging has been an established part of our county since 1973. Our funding comes from some of the following sources:

Isabella County  
Saginaw Chippewa Tribe  
Gratiot County Senior Millage  
State Office of Services to the Aging  
Region VII Area Agency on Aging  
Clients and their Families  
COA Endowed Fund  
Fund Raising

## Isabella County Commission on Aging

*“Working with you and your family to find the best answers”*



**3480 South Isabella Road  
Mt. Pleasant, Michigan 48858**

**Phone: 989-772-0748**

**Fax: 989-773-0514**

**[www.isbellacounty.org/dept/coa](http://www.isbellacounty.org/dept/coa)**

# Programs & Services

## Food With Friends

The Nutrition Program has two components: *Home Delivered Meals* and *Congregate Meals*. Both programs are operated by the Isabella Co. COA in Isabella and Gratiot Counties.

The programs provide nutritionally balanced meals to individuals sixty (60) years and older or to the spouse of someone sixty and older.

*Home Delivered Meal* recipients must be assessed by a Case Manager and determined to be homebound, physically or mentally unable to attend a Congregate meal site or unable to adequately prepare their own meals.

The *Congregate Meals Program* provides meals at twelve sites through out Isabella and Gratiot Counties. These sites promote better health through improved nutrition and social and educational activities to help reduce social isolation.

## Gold Key Volunteer Program

The *Gold Key Volunteer Program* provides opportunities to both Older Adults and younger individuals. Some of the many volunteer positions available include: office work, delivering meals to the homebound, providing transportation for medical appointments, Food Site Assistance, grocery shopping, Animal Friends for HATS, friendly visiting, Needle Crafts, Helping Hands home repairs and much more.

## In-Home Services Program

The *In-Home Services Program* covers several major programs. The *Case Management Program* is the entry point into a majority of the COA services. The Case Managers/Social Workers work with clients and their families to assess their needs and advocate on the clients behalf to arrange for and monitor services.

The *Homemaking Program* provides light housekeeping to help maintain a clean and safe environment. Activities include, vacuuming, dusting, mopping and laundry.

The *Personal Care Program* provides a certified nurse aide (CNA) to assist with activities of daily living. These include bathing, dressing, grooming and assistance with ambulation.

The *Respite Care Program* provides “time away” for a caregiver. A CNA is placed with the homebound Older Adult while the caregiver has the opportunity to get out of the house to go shopping or to just relax.

The *Caregiver Training Program* provides information on a variety of topics designed to assist caregivers. The Caregiver Trainer will provide one-on-one assistance and also facilitates a monthly support group.

*Additional Programs:*

Unmet Needs, Medicare/Medicaid Assistance, Housing Information, Long Distance Caregiving



## Foster Grandparent & Senior Companion Programs

The *Foster Grandparent and Senior Companion Programs* are volunteer programs for low income adults age 60 and older. The Older Adults volunteer 20 hours of service per week working with children or frail adults. The *Foster Grandparents* work in day care centers, Head Start Programs or area schools. The *Senior Companions* work with homebound adults, Mid-Michigan Industries, Mt. Pleasant Center and the Adult Day Program. For their services the volunteers receive a small non-taxable stipend, transportation reimbursement, as well as other benefits. These two programs operate in Isabella, Gratiot and Clare Counties.

## Senior Center Trip Program

The *Senior Center* is our “Community Focal Point” for Older Adult programs and services. The center provides a friendly social atmosphere, in which participants can enjoy a wide variety of recreational, social, cultural nutritional and educational opportunities. These include: exercise programs, card games, Tai Chi, medical seminars and a noon luncheon Monday through Friday. Recreational Trips are offered to a variety of locations and special events and are open to people of all ages.