

October - Respect

The Isabella County CHARACTER COUNTS! Coalition wants you to know that October is the month that we celebrate having RESPECT. Please add one of the statements below to your daily PA announcements. They may be used in any order. Below is suggested language for incorporating the statement, but please feel free to introduce and expand on the statement in a way that has meaning for you and your students. They also make excellent additions to newsletters, flyers, and other printed materials that go to students, parents, or up for public display.

Example: "Always be respectful, caring, responsible, fair and trustworthy. Tell your friends to do the same. October is a month that we celebrate respect."

1. One of the best ways you can show someone respect is by simply calling them by their name.
2. Be kind to each person whether it's a friend or someone you've never met before.
3. To know peace one must respect others. But to respect others, one must first respect...oneself.
4. "Follow the three Rs: Respect for self, Respect for others, and Responsibility for all your actions. The world is not good enough--we must make it better." *Alice Walker*
5. There is no one in the whole world just like you. And, that's great. With all of us being different, there is always something new to learn. Even though we might not always understand the way others think or behave, we must always remember to give respect.
6. "We hold these truths to be self-evident, that all men and women are created equal." *-E.C. Stanton*
7. Show tolerance and be accepting of differences.
8. To demonstrate good respect deal peacefully with anger, insults and disagreements.
9. Be courteous and use good manners.
10. The essence of respect is to show solemn regard for the worth of people, including oneself.
11. It is respectful to hear people out, to listen to them and consider what they have to say with an open mind.
12. Remember to live be the "Golden Rule", treat others the way that you wish to be treated.
13. Respecting others should be something that we practice daily with our friends and family – even with people we don't know.
14. Always say please and thank you.
15. "Never look down on anybody unless you're helping him up." —*Jesse Jackson*
16. Remember...everyone is different. If we were all the same, the world would be a very boring place.
17. Be respectful of other people's thoughts, beliefs, and ideas.
18. Respect others, but don't forget to respect the earth. It's the only one we have.
19. Treating people with respect means letting them know that their safety and happiness matter.
20. Always treat others with courtesy and consideration.
21. Be tolerant and accepting of the ways that others are different from you.
22. Do not abuse or insult other people.
23. Listen to others and try to understand their point of view.
24. Honor other people's privacy.
25. Respond to insults and deal with anger in a nonviolent and peaceful way.
26. Be polite and courteous to everyone.
27. Using good manners shows respect for the person you are speaking to.
28. Any easy way to show respect is to not interrupt when other people are talking.
29. There are only two ways to live your life. One is as though nothing is a miracle. The other is as though everything is a miracle. *-Albert Einstein*
30. Everyone can value themselves highly enough to expect and demand respect and accept nothing less. We can protest, walk away or terminate the relationship. Even if we don't prevent the disrespectful conduct, standing up for ourselves is an act of dignity that promotes self-esteem and inoculates us against all forms of toxic treatment.