

Virtual FALL Caregiver Training

Isabella County Commission on Aging

Thursday, November 12, 2020 1PM to 4PM



SESSION I: 1:10 to 2:30 Sensory Changes and Dementia:

Greater Appreciation and Improved Communication

Dementia significantly impacts a person's senses. It changes how people see, hear, taste, feel and smell. It also changes how they interact with others and the world around them. In this session, you will gain a better understanding and appreciation of the sensory changes that frequently accompany dementia as well as simple tips and techniques you can use improve to your communication skills.

Brenda Roberts, M.A., is Director of Quality Assurance and Education for Michigan Assisted Living Association (MALA). Brenda has a Certificate in Advanced Clinical Dementia Practices from the University of Michigan, a master's degree from Central Michigan University in Education Administration and Community Leadership and a bachelor's degree in Sociology from Alma College. She holds certifications as a dementia trainer, coach, consultant, and engagement leader from Teepa Snow's organization, Positive Approach to Care (PAC). Brenda is also a certified *To Whom It May Concern Facilitator*.



Brenda and her husband Mark live in Gratiot County. Mark was diagnosed with young onset dementia six years ago. Brenda, Mark and Mark's dementia service dog, Sophie, are dementia educators and advocates.



SESSION II: 2:40 to 3:50 Post-Traumatic Stress Disorder and Dementia – How They Interact

- Dr. Rasdale will focus her presentation on:
- 1)Symptoms of PTSD, Dementia, and overlap between the two.
 - 2)Possible causes of problematic behaviors.
 - 3)How to help manage the stress of the individual experiencing both disorders.
 - 4)Lastly, how to help manage problematic behaviors.

Andrea. R Rasdale, Psy.D., is the Local Recovery Coordinator at the Aleda E. Lutz Saginaw VAMC. She earned her B.A in psychology from Alma college and then went on to earn her doctorate in clinical psychology at the University of Indianapolis. She has experience working with individuals with serious mental illness, intellectual disabilities, and with older adults on medical as well as hospice inpatient units. Currently, she serves as the chairperson for the Dementia Committee at the VA, focused on improving care for veterans diagnosed with a dementia disorder. She is also an adjunct professor for the University of Indianapolis.

Participation requires a computer with a camera and microphone (in case you want to ask a question).
The seminars will utilize the Zoom meeting platform.

YOU CAN REGISTER TWO WAYS:

To register online: [Click here](http://www.isabellacounty.org/caregivertraining) or go to www.isabellacounty.org/caregivertraining

or

Call Commission on Aging (989)772-0748