

Isabella County Commission on Aging
Advisory Board *Electronic Meeting*
Wednesday, October 6, 2021
12:00pm

- I. Call to Order
- II. Board Member Roll Call
- III. Public Comments
- IV. Minutes of the September 1, 2021 Advisory Board Meeting
- V. FY22 Isabella County Budget
- VI. Medicare Open Enrollment – October 15th-December 7th
- VII. Community Halloween Party – 10/28/21: 3pm-5pm
- VIII. Fall Caregiver Training – 11/9/21
- IX. General Discussion
- X. Adjournment

The next COA Advisory Board meeting is scheduled for Wednesday, November 3, 2021 at 12:00p.m.

MINUTES
Isabella County Commission on Aging
Advisory Board Virtual Meeting
Wednesday, September 1, 2021
12:00pm

Members present: Jackie Curtis- Denver Township, John Dinse- Union Township, Larry Fussman- City of Mt. Pleasant, Jessica Lapp- City of Mt. Pleasant, Ruth Ann Maniteau- Coldwater Township

Members absent: Lea Dean, Alicia Haley,

Staff present: Jennifer Crawford, COA Director, Mallory Fernandez COA Secretary

Others present:

- I. Call to Order: The meeting was called to order at 12:07 PM
- II. Board Member Roll Call
- III. Public Comments- John Dinse mentioned that the dog park is going to install lighting this fall allowing patrons to safely enjoy the park after work.
- IV. Minutes of the August 4, 2021 Advisory Board Meeting: A motion to accept the minutes of the August 4, 2021 Advisory Board meeting as submitted was moved by Jackie Curtis and seconded by Ruth Ann Maniteau. The motion passed.
- V. COA Open to All Activities- As of August 9th we are now fully open for all activities and classes. Our on-site meals are once again being offered five days a week at the Commission on Aging building. Our congregate meals are being served three days a week, which has always been our normal schedule. We are not yet open for meals at our Rosebush site, which is in Rosebush Manor, an assisted living facility. We will be ready to begin once we receive approval from them. We did have one week of not requiring masks for those who were fully vaccinated, but we have since switched back to requesting everyone wear a mask regardless of their vaccination status. As far as our building being used for voting purposes - we were not needed for the August election, and we will not be used in November due to the precincts being combined.
- VI. COA Ground and Tree Planting- Friends of Isabella Seniors Board Member, Roy Burlington, has made tremendous strides in our beautification process of our walking trail. This has primarily been funded by donations made to the

program, but they have recently received a \$4,000 grant for more trees to be placed alongside our building. The Mt. Pleasant Garden Club helps with the upkeep of the plants as well as other various community groups. We do have an irrigation system that helps with watering.

- VII. New Activities for Congregate Meal Sites- In an attempt to try to entice more older adults to join, we are introducing new activities. We will have themed weeks, games, crafts, cornhole boards, movie days, walking clubs, mini golf, and other fun activities.
- VIII. General Discussion- Jackie Curtis stated that the State retiree meeting on August 10th was successful with a great turnout. On October 13th the Area Agency on Aging will have a ribbon cutting for the new Gratiot PACE facility. When Jackie Curtis was at the Shepherd meal site it was mentioned that there was a need for entertainment there. It was suggested that the school's music department be contacted to have students come to perform during lunch.
- IX. Adjournment: The meeting ended at 12:27 P.M.

The next COA Advisory Board meeting is scheduled for Wednesday, October 6, 2021 at 12:00p.m.

Announcing Fall Caregiver Training – Tuesday, November 9th, 2021, 11:30am to 2:30pm with an added **special feature**, a **pre-training event** from 9:30am to 11:30.

The *tentative* schedule is the following:

- 9:30-11:30 – 15-minute Brown Bag Consults – Volunteer Pharmacists will meet with individuals to review and educate on medications you are currently taking.
- 11:30-Noon – lunch (**Must RSVP**)
- 10-minute break
- 12:10 – 1:00 - Pharmacist Panel will discuss Medication Overload, Use of Medications that are Dangerous for Seniors, Side Effects, Drug Interactions and more. Our host will be Mark Kato, DHA, MBA, Program Consultant for MiHIA.
- 10-minute break
- 1:10- 2:30 – Oral Health & Techniques for Caregivers – why good oral health is synonymous with good **overall** health.

The consults for the **pre-training event** are with Volunteer Pharmacists from CVS. The 12:10-1:00 **session** will be facilitated by these same Pharmacists. This is being brought to us through a Grant from the Michigan Health Endowment Fund.

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The 1:10-2:00 session will be presented by our own local, newly retired, Judy L. Wybenga, DDS.

Dr. Judy Wybenga will discuss:

- The caregiver's role in maintaining oral hygiene even for patients who do not express a desire for dental care
- Gain a basic understanding of oral health and hygiene
- Connect why dentistry is relevant to good **overall** health
- Review Oral Hygiene techniques
- Recognize when a mouth requires professional intervention and how to get it

Dr. Wybenga attended Shepherd High School and went on to Ferris State U., where she became a Dental Hygienist. After 10 years in that profession, Judy went on to complete her Doctor of Dental Surgery from U of Detroit Mercy in 2001. Dr. Wybenga has recently retired and is looking forward to fulfilling her calling to volunteer and help others.

Dr. Wybenga is married to her husband, Herb and they have a son, Jordan. They love boating, running, biking, hiking and skiing.

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Please **RSVP for both or either event** so we can plan for numbers of lunches and handout materials. Call 989-772-0748. Further questions about the day, you can contact Mary Ellen Walsh, Caregiver Support Specialist/Trainer at mewalsh@isabellacounty.org or 989-772-0748.